**Research weekend Presentations: Index and short summary (Total running time: 12.2 hours)**

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| **File Name** | **Author** | **Title** | **Length** | **Summary** |
| Introductions.mp4 | All |  | 20:01 | Short introductions by pairs |
| presentation 1.mp4 | Jeff Boccaccio | BMR with FOREX | 53:20 | Blended monthly rebalancing applied to FREX pairs and currency ETFs. Good insights into research process and he importance of individual confirmation of systems |
| presentation 2a.mp4 | Kim Andersson | “Bounce Trading System, part 1 | 44:40 | Great practical discussion of the learning process, the craft of trading, the importance of beliefs, an what it means to “internalize a system, make it fit you” |
| presentation 2b.mp4 | Kim Anderson | “Bounce Trading System, part 2 | 54:41 | Continuation, includes presentation of ruleset |
| presentation 3.mp4 | Bill Scheidt | BMR Update | 26:21 | An update of Boll’s research work on BMR system as applied to his own trading accounts |
| presentation 4a.mp4 | Jacek Sobieraj | RLCO & Renko charts trading | 45:15 | Excellent update on Jacek’s work to incorporate Renko charts in his RLCO strategy application. How to develop a personalized trading plan |
| presentation 4b.mp4 | Tony DeQuick | Mechanized Frog Project | 1:28:27 | An amazing presentation on systematic testing and exploration of the mechanical frog systems; with key insights into discovering robustness and identifying great candidates for frog trading. Systematic exploration of various permutations of variables, using massive data sets. Systems developers should study this one in great detail |
| day 2 intro.mp4 |  |  | 8:31 |  |
| presentation 5.mp4 | Rick Wize | Trading forward with the Quick Frog project | 15:43 | Rick describes learning a lot about trading the Quick Frog system in his discussion of how he experimented with different combinations of rule sets o examine exit variations, and what he learned by being systematic, and approaching the project as a “researcher” |
| presentation 6.mp4 | Mark McDowell | Trade Station bundles demonstration | 31:02 | Great discussion of systematizing and simplifying trade frame “preparation” through the use of automation |
| presentation 7.mp4 | Rod Logan | Personal trading plan with swing trading | 32:59 | Applying RLCO and other Tortoise concepts to swing trading to ratchet up his performance in swing trading. Good discussion on adapting systems to your available time and personal strengths |
| presentation 8.mp4 | Gil VanSciver | Train volatility ETFs with an RLCO framework | 53:10 | Excellent discussion of Gil’s work to systematize his trading style and prepare for career transition after retiring as a veterinarian |
| presentation 9.mp4 | Sonal Darbar | RLCO pattern 1 “by the stats” | 1:15:56 | Excellent systematic look at Pattern 1 in the RLCO, and an examination of the importance of beliefs, assumptions and documenting results in your learning journal. Includes extended whiteboard session from Ken |
| presentation 10.mp4 | Tim Clark | Multiple Swing Trading Systems using RLCO | 48:10 | Demonstrates convincingly that using the Risk-Z indicator to describe and classify short term market conditions is a powerful way to add performance to swing trading using the RLCO framework. I ALWAYS use these insights in all of my swing trading |
| presentation 11.mp4 | Joey Hanachian | RLCO & Frog Trading Journal | 38:29 | Update on Joey’s personal trading development, based on analysis of his trading journal and performance stats. Using intraday Fro and LCO systems, this reflects a systematic approach o process improvement |
| presentation 12.mp4 | James Nuernberg | BMR in the Time of the Bear | 38:51 | Update on James’ research into improvements possible for the BMR system during Bear markets |
| presentation 13.mp4 | Kyle Conner | Swinging with Momentum | 18:43 | A novel approach to increasing swing trade performance by applying momentum conditions, as described by regression lines. Strong connection between Kyle’s objectives, design choices, and implementation strategies. Another in the series of “How to adapt key concepts you own personal trading styles and beliefs. |
| presentation 14.mp4 | Bill Long, Jr | Golden Nuggets | 13:31 | Bill’s personal integration of the prep work for the workshop, he experiences gained from hearing other traders’ journeys, and his own application to “the act of trading”. Incorporates powerful metaphors and models from his professional life as a nurse to help lock in his learnings |
| presentation 15.mp4 | Marcus Aviles | A personal model… | 13:00 | Exploring the psychological dimensions of Marcus’ personal trading style, as mapped to RLCO patterns and Frog rulesets |

**Research weekend Supporting files: Index and short summary**

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| **File Name** | **Author** | **Notes** |
| answers to Qs A BMR for all seasons with oooomph.docx | Kieren Turner | Supplemental paper from a distance learner |
| Bear Market BMR.pptx | James Nuernberg |  |
| Berch\_KCWorkshop\_2015 Presentation V5.pdf | Patrick Berch | Package of psychological prep papers, templates |
| BMp\_Appraisal\_Berch Template.docx | Patrick Berch |  |
| BMR Filtered Backtest.pdf | Margaret O’Meara |  |
| BMR project Kansas 2015kt.pptx | Kieren Turner |  |
| BMR Update Report%2C 20150603.pptx | Bill Scheidt |  |
| BMRturbo\_design.pdf | Ken Long  | design document for BMR Turbo |
| Brad-Trading System.pptx | Brad Reel | Supplemental paper from a distance learner |
| From the class room.pptx | Joey Hanachian |  |
| FX BMR v1.2.pptx | Jeff Boccaccio |  |
| Golden Light of Knowlege and the Golden Nuggets....pptx | Bill Long, Jr |  |
| Introduction to Drumming 20150603.pdf | Bill Scheidt |  |
| Jacek RLCO %2B Renko charts trading KC June 2015.pptx | Jacek Sobieraj |  |
| Kansas Presentation June 2015 v1.pptx | Sonal Darbar |  |
| Kansas BMR research paper.docx | Kieren Turner | Supplemental paper from a distance learner |
| KC Presentation June 15 rev 0.pptx | Sonal Darbar |  |
| Kim%27s Bounce Presentation for KC June 2015.pptx | Kim Andersson |  |
| Marcus%27 Presentation.pptx | Marcus Aviles |  |
| Mechanized\_Frog\_Presentation.pptx | Tony DeQuick |  |
| Personal Psych KCWorkshop.zip | Patrick Berch |  |
| RLCO Pattern 1 by the Stats June 2015 v3.pptx | Sonal Darbar |  |
| Swinging with momentum.pptx | Kyle Connor |  |
| Trading Plan - short and sweet.docx | Kyle Conner |  |
| Trading Price Action - A set of beliefs.pptx | Mark McDowell |  |
| Trading Strategy ESS41X (2).docx | Dave Clews |  |
| Trading Volitility ETF’s with a RLCO Framework.pptx | Gil VanSciver |  |
| Workshop Presentation R Wize Quick Frog w Appendix.pptx | Rick Wize |  |

**Additional Trading Lessons from the Live trading week that followed the Research weekend:**

1. 87 mini-lessons, comprising over 5 hours of video lessons featuring all aspects of Tortoise-style intraday trading

2. Strategies and systems demonstrated in live trading include:

1. The Frog system (all forms: quick frog, slow frog, leapfrog, hybrid frog)
2. The 7 patterns of the RLCO system
3. Using Frog boxes and the Rangestat to frame intraday trades
4. Using the Regression Line fractal Framework to frame intraday trades

3. Includes mini-lessons concerning these core Tortoise concepts: \*See the Glossary for details)

1. Planning, preparing, executing, assessing
2. After action reviews
3. Trade framing with reward:risk ratio
4. Continuation patterns
5. “Failure to fail further” and “Failure to follow through
6. Support & resistance; High oif Day and Low of Day
7. The Zeno stop
8. The 2R Battledrill